

Spring Sports Tryouts

2025 Beach Volleyball Tryouts February 10 – 12, 2025

Varsity and JV

Dates / Times:

Monday, Feb. 10 th :	Warm Ups at 3:30pm / Tryouts begin at 3:45pm and ends at 5:30pm
Tuesday, Feb. 11 th :	Warm Ups at 3:30pm / Tryouts begin at 3:45pm and ends at 5:30pm
Wednesday, Feb. 12 th :	Warm Ups at 3:30pm / Tryouts begin at 3:45pm and ends at 5:30pm

Tryouts will be on the Cavanaugh Family Beach Courts.
Have parents pick up in the Founders Hall parking lot after tryouts.

Arrive early. Tryouts will begin on time. Must be at all 3 days of tryouts

Practices and games may be scheduled during school holidays and Easter break

What to Wear

- Comfortable clothing
 - T-Shirt with no (indoor/beach) club information printed on it. Shirt must cover midriff
 - Shorts (not too short)
 - On colder afternoons bring sweats and or sweatshirt

What to Bring to Tryouts

- Water Bottle – must be filled up before you get to the courts for tryouts
- Sunscreen
- Visor / hat (optional)
- Sunglasses (optional)

More Details

- Playing 2 sports in the same season is a conflict and is not allowed. This includes the spring musical and productions at Brophy College Prep. Athletes currently participating in another sport wanting to try out for Beach, but still in season contact
- Senior athletes participating in Spring sports cannot attend Kairos retreats beginning February 10, 2025

If you have any questions' please contact Coach Contreras at scontreras@xcp.org

2025 Lacrosse Tryouts February 27 – 29, 2025

Varsity and JV

Dates / Times:

Monday, Jan. 27 th :	6:00pm – 8:30pm	Lutfy Hall and Petznick field
Tuesday Jan. 29 th :	6:00pm – 8:00pm	Petznick field

Tryouts will be on Petznick field.

Do not be picked up on Meadowbrook. Parents pick up in the Founders Hall parking lot after tryouts.

Arrive early. Tryouts will begin on time. Must be at both days of tryouts

Practices and games will be scheduled during school holidays and Easter break

Practices begin Jan. 29th

What to wear

- T-Shirt
- Athletic Shorts
- Sweatshirts (optional)
- Sneakers, Rubber cleats, Turf shoes
- Pinnie / Reversible (if you have one)

What to Bring to Tryouts

- Water
- Mouth guard
- Women's Lacrosse Stick(s)
- Goggles
- Lacrosse Helmet

Additional Details

- You cannot / participate in Lacrosse if you are currently on or in another sport. Playing 2 sports in the same season is a conflict and is not allowed. This includes the spring musical and productions at Brophy College Prep.
- Senior athletes participating in Spring sports cannot attend Kairos retreats beginning February 10, 2025

If you have any question's please contact Coach Oduho at doduho@xcp.org

2025 Softball Tryouts February 10th – 13th

Varsity, JV, FR/SO

Dates / Times:

Monday, Feb. 10 th :	5:30pm - 8:00pm	Petznick Field
Tuesday, Feb. 11 th :	5:30pm – 8:00pm	Petznick Field
Wednesday, Feb. 12 th :	5:30pm – 8:00pm	Petznick Field
Thursday, Feb. 13 th :	5:30pm – 8:30pm	Petznick Field

Tryouts will be on Petznick field.
Have parents pick up in the Founders Hall parking lot.

Arrive early. Tryouts will begin on time. Must be at all 4 days of tryouts

Practices and games will be scheduled during school holidays and Easter break

What to Wear

- Glove
- Helmet (will be available for those who may need one)
- T-shirt
- Softball pants
- Turf shoes or tennis shoes

What to Bring To Tryouts

- Water Bottle – must be filled up before you get to the courts for tryouts
- Sunscreen
- Visor / hat (optional)
- Sunglasses (optional)

More Details

- You cannot tryout / participate in Softball if you are currently on or in another sport. Playing 2 sports in the same season is a conflict and is not allowed. This includes the spring musical and productions at Brophy College Prep
- Senior athletes participating in Spring Sports cannot attend Kairos retreats beginning February 10, 2025

If you have any question's please contact Coach Tom Sahhar at tsahhar@xcp.org or Coach Sydnie Sahhar at ssahhar@xcp.org

2025 Tennis Tryouts **February 10 – 14, 2025**

Varsity, JV

Dates / Times

Monday, Feb. 10 th :	3:00pm – 5:45pm	Stark Tennis Courts
Tuesday, Feb. 11 th :	3:00pm – 5:45pm	Stark Tennis Courts
Wednesday, Feb. 12 th :	3:00pm – 5:45pm	Stark Tennis Courts
Thursday, Feb. 13 th :	3:00pm – 5:45pm	Stark Tennis Courts
Friday, Feb. 14 th :	1:00pm – 3:30pm	Stark Tennis Courts

Tryouts will be on the Stark Tennis courts and the Phoenix Country Club Tennis courts
Parents pick up students in parking lot after tryouts

Arrive early. Tryouts will begin on time. Must be at all days of tryouts

Athletes will be assigned to pools with some playing at XCP and others will be transported to and from Phoenix Country Club.

Practices and games may be scheduled during school holidays and Easter Break.

What to Wear

- XCP Tennis shirt or PE shirt
- Tennis skirts or appropriate shorts
- Good tennis shoes
- Sweatshirt/sweatpants
- Tennis racquet

What to Bring To Tryouts

- Water Bottle – must be filled up before you get to the courts for tryouts
- Sunscreen
- Visor / hat
- Sunglasses

More Details

- You cannot tryout / participate in Tennis, if you are currently on or in another sport. Playing 2 sports in the same season is a conflict and is not allowed. This includes the spring musical and productions at Brophy College Prep
- Senior athletes participating in Spring Sports cannot attend Kairos retreats beginning February 10, 2025
- Do not schedule detention, 8th hour or outside appointments during tryouts
- Tennis questionnaire must be completed online.

- If you have any question's please contact Coach Rodey at jrodey@xcp.org

2025 Track & Field Tryouts February 10 – 12, 2025

Dates / Times

Monday, Feb. 10 th :	3:15pm – 5:15pm	Brophy Sports Complex
Tuesday, Feb. 11 th :	3:15pm – 5:15pm	Brophy Sports Complex
Wednesday, Feb. 12 th :	3:15pm – 5:15pm	Brophy Sports Complex

Tryouts will be at the Brophy Sports Complex (track)

Arrive early. Tryouts will begin on time. Must be at all days of tryouts.

Practices and games may be scheduled during school holidays and Easter break

What to Wear

- Appropriate gym attire (Pe uniform is ideal)
- Running shoes or Athletic tennis shoes
- Sweatpants and sweatshirts

What To Bring To Tryouts

- Hard working attitude
- Full water bottle

More Details

- You cannot tryout / participate in Track if you are currently on or in another sport. Playing 2 sports in the same season is a conflict and is not allowed. This includes the spring musical and productions at Brophy College Prep
- Senior athletes participating in Spring Sports cannot attend Kairos retreats beginning February 10, 2025

January 21st: Interest Meeting at lunch in FH-B
February 13th: Parent / Player meeting in Grubb Lecture Hall at 5:30pm

If you have any question's please contact Coach Eaton at jeaton@xcp.org