

# Lacrosse Tryouts 2025

Tryout Registration for the 2025 Lacrosse Season is now open!

Please register here: [Lacrosse Registration](#)

## Dates + Times

- Monday, January 27th (6:00 - 8:30pm) *(First 30 minutes in Luffy for check in)*
- Tuesday, January 28th (6:00 - 8:00pm)

## What to Wear

- T-Shirt
- Athletic shorts
- Sweats [optional]
- Sweatshirts [optional]
- Sneakers
- Cleats/Turf Shoes
- Pinnie/Reversible (if you have one)

## What to Bring:

- Water
- Women's Lacrosse Stick(s)
- Lacrosse Helmet and/or Goggles
- Mouthguard

**Please note, if you are interested in playing and are currently in season for a winter sport we ask that you still fill out the form to coordinate a tryout after your season.**

JV + Varsity rosters will be announced after tryouts with practices starting January 29th. If you cannot attend any of the tryout dates due to a preexisting conflict please send an email to Coach Diana Oduho ([dodduho@xcp.org](mailto:dodduho@xcp.org)).

**Registration closes at the end of day on Friday, January 24th.**